

University of Pretoria Yearbook 2017

Biokinetics (2) 254 (MBK 254)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 8.00

Prerequisites No prerequisites.

Language of tuition Afrikaans and English is used in one class

Academic organisation Sport and Leisure Studies

Period of presentation Quarter 3

Module content

*Closed – requires departmental selection

This module focuses primarily on practice directed health care to prepare the student for Biokinetics as profession. In the first place the focus is on carbohydrate and fat as energy source, the health implications for obesity and exercise as modality for the treatment of obesity. Secondly, the focus is on growth and development of the baby and adult and how exercise can influence the growth and development.

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